



## *Nephrology Nurse Practitioner*

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- 0500: Alarm goes off and I get out of bed to start my day. Once I'm awake I figure out what day it is, so I know where to go. Check weather for my destination and ensure I am dressed for the weather.
- 0730: I rush around the house to make sure I have my laptop and lunch. I may also start getting calls from dialysis centers across the state.
- 0800: Stop at nearest Starbucks to get a grande triple to really start the day.
- 0830: Arrive at the dialysis clinic and check in with the charge nurse. Round on all patients. This could range from 8-18 patients.
- 0900: See patients in surrounding dialysis units over telemedicine for weekly visits.
- 1000: Speed across town to catch a few of my patients that receive dialysis at the other unit in town.
- 1130: Triage phone calls from surrounding dialysis units that I cover while speeding back to my dialysis unit.
- 1200: Complete 2<sup>nd</sup> shift telemedicine dialysis rounds.
- 1230: Eat lunch while doing multiple tasks at the same time.
- 1300: Complete 2<sup>nd</sup> shift rounds.
- 1400: Triage phone calls from surrounding dialysis units that I cover. Assist hospital nephrologist to discharge dialysis patients.
- 1500: Complete 3<sup>rd</sup> shift telemedicine dialysis rounds.
- 1530: Complete 3<sup>rd</sup> shift rounds. These patients tend to be newer and require more support and education.
- 1700: If I'm lucky I get to go home on time.
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