

Chapter Update

Alabama

Hazel Taylor #239

Our chapter held a meeting in August at the Ruth's Chris Steakhouse in Huntsville, AL. The program was sponsored by Keryx Pharmaceuticals. It was well attended and a great meeting!

The chapter held a celebration for Nephrology Nurses Week at the Hoover Library in Hoover, AL. The topic was *Introduction about PD for Hemodialysis Nurses*. It was also well attended. It was sponsored by Baxter Healthcare. Each attendee received a small gift from the chapter.

We will hold our *34th Annual Nephrology Update* on November 9 at the Hoover Library. We have a great set of speakers and topics lined up. Don't miss it!

Please contact a chapter officer with any questions or comments.



The First State chapter officers held a planning meeting in July.

California

Nephros South #506

Our chapter took a short break for the summer. We hope you found time for relaxation this summer, whether it was an exotic cruise or a weekend away. After the break, we reconvened with two educational dinner events. Our goal this year is to provide educational topics that are new and interesting.

On August 21, we hosted a presentation sponsored by Octapharma. **Dr. Trumpi Mehta Shah**, Director of Scientific and Medical Affairs, discussed Octaplas™, an alternative to fresh frozen plasma. Octaplas (solvent/detergent-treated pooled plasma) has many clinical indications, including dialytic therapies and apheresis. Attendees enjoyed networking and dinner at Ruth's Chris.

We will host another educational dinner on September 25 on the disease state cutaneous T-cell lymphoma (CTCL), for which photopheresis is one of the non-surgical therapies. Mallinckrodt Pharmaceuticals will sponsor this program.

We also are planning for a fall/winter program. Stay tuned!

San Joaquin Valley #532

We held a chapter meeting to plan educational offerings for chapter members for Nephrology Nurses Week in September. Fundraising activities also are planned to raise money for the chapter.

Our new chapter website went live in August.

Colorado

High Country #502

Chapter President **Meredith Swalm** will be featured in the ANNA Member Spotlight on the ANNA website during the month of October.

Chapter officers got together the first week of August to discuss the kidney walk, a multiple CE day, and Nephrology Nurses Week giveaways. We also have nephrology nursing and ANNA High Country Chapter T-shirts for purchase. The proceeds will support our chapter and the kidney walk.

Delaware

First State #134

Our chapter is currently celebrating the overwhelming success of our 2018 Spring Conference, which took place in Dover, DE. Thanks to the speakers, vendors, and attendees for joining us for an amazing day of teaching and learning for the nephrology health care community.

This fall, please watch for information on our 2019 spring conference. We are presently taking strides to increase our

social media presence in order to reach current and future members. Please like us on Facebook, and look for us on LinkedIn and Instagram soon.

Our chapter also is developing a quarterly newsletter to keep chapter members abreast of the most up-to-date information. Quarterly newsletters will be posted on ANNA Connected, so please stay tuned.

Our chapter will be an official kidney walk team, and we are looking for team members. The kidney walk will be held October 28 at Frawley's Stadium in Wilmington, DE. Please visit www.kidney.org and sign up under our team, ANNA First State Chapter #134. Watch for fundraising events on our social media sites.

Florida

South Florida Flamingo #206

The chapter welcomed seven new ANNA members during the months of May and June. Thank you for supporting your ANNA chapter. We are so happy to have each of you!

On July 10, our chapter hosted an educational dinner sponsored by Amgen at Abe & Louie's Steakhouse in Boca Raton, FL. The program had excellent attendance. Thank you to Amgen for their support.



South Florida Flamingo chapter member Sasha Patterson and Karen Hill participated in kidney disease awareness and education activities at the YMCA in Broward County, FL.



South Florida Flamingo chapter members enjoyed an educational dinner at Abe & Louie's Steakhouse in Boca Raton, FL

Several chapter members participated in kidney disease awareness and education activities. **Sasha Patterson** accompanied **Karen Hill**, our chapter treasurer, to an event held at the YMCA in Broward County.

We planned many celebrations for Nephrology Nurses Week. Three dinner events were held in Miami, Fort Lauderdale, and West Palm Beach.

Congratulations to **Pamela DePiola**, chapter health policy representative, for being featured in the ANNA Member Spotlight in June.

Chapter officers are planning a Certification Review Course for anyone who may be interested in becoming certified. Watch for more information.

We are always looking for volunteers. Please stay connected with our chapter through ANNA Connected.

Suncoast #213

Our chapter kicked off hurricane season with a great CE/business meeting featuring **Bob Loeper**, Vice President of Operations and Disaster Response for Fresenius, as our guest speaking. He presented *Disaster Preparedness; Lessons Learned from Irma and Maria*.



Debra Hain, president of the South Florida Flamingo Chapter, gave a lecture in Thailand.

We welcomed **Debbie McClure** as our new health care policy representative.

Our 2-day fall seminar offered 14 contact hours. This exciting 39th annual meeting was held September 13-14.

Georgia

Dogwood #224

Our chapter is continuing our focus on renal education with an event planned for this fall. Watch for details.



Many dialysis nurses at Emory Saint Joseph Hospital in Atlanta are members of the Dogwood Chapter. Pictured (from left) are Becky McKee-Waddle, Stephanie Reo, Kalpna Duvvuri, Rachel Varghese, and Hye Park.



Emory Saint Joseph Hospital in Atlanta is in the region covered by the Dogwood Chapter. Pictured are Emory St Joseph's nephrology nursing staff 4 West.

Welcome to our four new chapter members: **Kayla Cato**, **Kimberly Foster**, **Yvette Johnson**, and **Tracy Shah**! We look forward to seeing you at chapter meetings and events.

Each issue, we would like to highlight a clinic or inpatient unit in our region. This month we are happy to feature Emory Saint Joseph Hospital inpatient dialysis unit (10 stations) and Unit 4W Renal Unit (24 beds). **Kalpna Duvvuri** is the Unit Director for both units, and **Dr. Shaun Conlon** is the Medical Director. We are glad you are a part of the Dogwood Chapter!

Plan to meet us at the Georgia Capitol where we will take a photo with Governor Nathan Deal in honor of the proclamation for kidney disease awareness and education and Nephrology Nurses Week. Check ANNA Connected or the Dogwood Facebook page for weekly Capitol Hill legislative updates and the date for the proclamation.

We would love to hear about your plans to celebrate Nephrology Nurses Week. We look forward to reconnecting with old and new friends at the ANNA fall conference in New Orleans!

Illinois

Windy City #305

Plans are underway for a fall dinner/educational program. Once finalized, all chapter members will be notified through ANNA Connected and information will be posted on our chapter Facebook page at www.facebook.com/ANNAwindycity.

If you have not had the opportunity to attend a national meeting, the Nephrology Nursing Practice, Management, and Leadership Conference will be held in New Orleans on September 22-24. For more information, visit annanurse.org.

Our calendar year is already nearing an end, and we will soon be preparing ballots for national and chapter offices. It is not too early (or too late) for anyone thinking about becoming an officer for the next year to step up and let a current officer know that you are interested in serving. Chapter officers will be appointed if enough candidates are not available to fill the ballot. Think about it! Contact any chapter officer through our Facebook page (www.facebook.com/ANNAwindycity) for further questions and support.

We can always use help in planning chapter programs, events, and activities. Do you know a great location for an educational event? Do you have a contact for an interesting topic or program? Contact any officer through the chapter Facebook page with your suggestions. An active membership is what drives and sustains a chapter's success and activities. Continue to learn, lead, and connect with your local chapter! Contact an officer today and get involved!

Kentucky

Kentuckiana #336

Our chapter continues to look for community leaders to take an officer role for the coming year. Serving as an officer requires as much time and commitment as you are willing to offer. We have had busy years with multiple educational events and a big symposium, and we also have had years where we host two CE events to meet recharter. Serving as an officer is a great opportunity to network with fellow renal professionals. As a new officer, our chapter will help sponsor your registration fee and travel expenses for the ANNA National Symposium. Please contact **Magen White**

(magenw06@gmail.com) if you are interested or have any questions.

A few members are planning to attend the KHAKY Renal Conference on September 11 in Louisville. If you would like to carpool or meet up, contact **Magen White** (magenw06@gmail.com). Thank you for your continued commitment to ANNA and our renal communities!

Maryland

Baltimore #101

Welcome to **Kendra Jones**, who has joined our chapter executive team. She has been in dialysis for 5 years working in the Department of Corrections. We look forward to her new perspective.

Chapter member **Patricia Patterson** will be the Home Modalities SPN Leader next year and will be training for the upcoming year.

We have been busy planning our annual fall conference to be held at Good Samaritan Hospital on October 14. Topics include involuntary discharge, new trends in diabetes management, PD access, HD vascular access, and kidney disease program. Plan to attend! Watch for an email with the registration form. Fees remain low, and the committee has applied for CE credits.

Visit our website at www.baltimoreanna.com.

Michigan

Michiganna #312

As this issue was going to press, the registration deadline for our chapter's Fall Conference is almost here! The conference will be held September 22-23 at the Grand Hotel on Mackinaw Island and will include welcome reception on Saturday evening and full-day conference on Sunday. Register online via our chapter website at <http://michiganna312.wixsite.com/michiganna-312>. On-site registration is also available. Watch for conference highlights in the next issue and on our chapter Facebook page.

We hope you celebrated Nephrology Nurses Week! If you hosted special activities at your clinics, offices, or acute hospital settings, please forward information to us for sharing on our Facebook page or in the next issue. Contact us via our website or chapter email address

(312.michiganna@gmail.com). Remember to send photos and descriptions.

Crisde Cussimano has volunteered to serve as chapter co-secretary. Welcome to Crisde and thank you for your willingness to jump in mid-year! Crisde can be reached via email at crisde@comcast.net.

We will be asking for officer nominations in November or December. Consider the possibility of stepping up as Crisde did. View the FAST 15s on the ANNA website for information on the chapter officer positions. New member involvement provides new ideas. Change is good for us!

Minnesota

Southeast Minnesota #316

The chapter proudly announces the date for our annual conference. Plan to attend the conference on May 9, 2019, at City Center Hotel in Mankato, MN. Watch for details regarding the program.

If you are interested in learning about conference planning, let us know by contacting us at seminnesota316@gmail.com. We welcome your participation! The chapter wants to include as many members as possible, so our planning meetings are held via conference calls (limited travel involved). We look forward to hearing from you!

Missouri

St. Louis Metro #307

Our chapter is preparing for our annual St. Louis Metro ANNA Fall Nephrology Education Day. The day-long event will be held at St Luke's Hospital on October 18. Many engaging speakers will address a variety of relevant topics. We look forward to seeing you there!

Thank you to Relypsa for hosting a speaker and program on Veltassa®, which is used to treat hyperkalemia. The program was held at Fleming's Prime Steakhouse on August 28. Dr. Marcos Rothstein from St. Louis was the speaker.

Thank you to all our chapter members! Our chapter officers were excited to find creative ways to celebrate Nephrology Nurses Week. You do an amazing job serving our renal population each and every day. It is an honor to be associated with you!

Nebraska

Platte River #324

The planning committee worked hard to get our 5th Annual Distance Learning Day planned and organized for August 7. Our chapter offers livestreaming to members, so they can view from the comfort of their own home or anywhere in the state. If anyone is interested in learning how your chapter could offer this, please contact **Jina Bogle** at jibogle@nebraskamed.com.

Chapter members, please watch for a member survey by the end of September.

New Jersey

Garden State #125

Chapter members **Linda Ford** and **Sandy Miholics** attended the ANNA Board of Directors (BOD) meeting held July 15-17 in Freeport, ME. They commented on how welcoming the BOD was.

We had our summer celebration, and attendees thoroughly enjoyed themselves. We want to thank **Sandy Miholics** for hosting a great party.

A CE on Wheels program was held July 23 in Brick, NJ. Another CE on Wheels program is tentatively planned for August in Red Bank, NJ. CE is free for ANNA members, and \$10 for nonmembers. Members wishing to view the program will receive a code to sign in.

Now, the chapter is busy planning for fall events. Education this year will include the QIRN meeting on October 4 at iPlay America in Freehold, NJ. There will be a table for health policy, and **Linda Walck** will conduct a Virtual Lobby Day at the meeting.

Save the date for the fall meeting on November 15 at the Crown Plaza Hotel in Edison, NJ. Flyers will be sent out when the meeting program is finalized.

The chapter will be distributing packets to dialysis facilities with information on meeting dates, ANNA membership forms, ANNA Connected, and our website.

Congratulations to **Linda Walck** on completing her BSN degree!

Jersey North #126

We hope you had a happy Nephrology Nurses Week! Thank you to all Jersey North members for your hard work, professionalism, and dedication to our patients.

As many of you have requested, our chapter will host a Certification Review Course on September 30 at Morristown Medical Center. Topics will include CKD, kidney transplantation, peritoneal dialysis, hemodialysis, renal pharmacology, water treatment, and test taking tips. Please join us if you are planning to sit for an upcoming certification exam or if you would like a refresher course and contact hours. We will celebrate Nephrology Nurses Week on this date as well. Find all details and register via our new chapter website at <https://annajerseynorth126.nursingnetwork.com>. We hope to see everyone on September 30!

North Carolina

Cardinal #201

Chapter leaders met on June 19 and welcomed our newest chapter officer, **Teisha Ward**. She has assumed the role of treasurer. The officers also discussed opportunities for chapter members, including the following activities.

The virtual learning program, *Bed Bugs: From Hotels to Dialysis Units*, is a great opportunity for members to earn CNE credit at no cost to them and at their convenience. President-Elect **Yvonne Blake** will send an email reminding members of the educational program, and to be sure to take the evaluation for CNE credit and answer the additional questions so the chapter will receive credit.

A dinner to celebrate Nephrology Nurses Week was held on September 13.

On September 8, the National Kidney Foundation held a Kidney Disease Awareness Fair at Wake Chapel Church – Enrichment Center in Raleigh, NC. Free kidney health checks were provided, including a risk survey, blood pressure check, body mass index measurement, and an opportunity for individuals to speak with health care professionals. Free education materials also were provided to attendees. Individuals at risk received an ACR urine test for albumin. Additional sponsors included Alliant Health Solutions, Fresenius Kidney Care, Metrolina Nephrology Group, SIEMENS, and Quantimetrix.

ANNA's Nephrology Nursing Practice, Management and Leadership Conference is September 22-24 in New Orleans, LA. This is another opportunity for expanding your knowledge and networking with nephrology nurses from around the country.

Happy Nephrology Nurses Week to all the hard-working nephrology nurses. You are saving lives one nephron at a time.

Blue Ridge #262

Chapter officers had a very productive business meeting on July 12. We discussed ways to get our chapter members more active, and we came up with several good ideas! We are planning to visit possible sites for our "meet and greet," which will be held in October to discuss service projects with members. **Becki Benfield**, chapter secretary and health policy representative, sent out happy Nephrology Nurses Week cards with a "save the date" reminder for our October meeting. We are also developing a chapter Facebook page.

Ohio

Tri State Ohio #317

The chapter has continued the 2018 "Third Thursday" Lecture Series. Attendees learned about Fabry disease at the June event, which was hosted by Genzyme. The July event was hosted by Gore, and attendees learned about Acuseal.

The lecture series will continue through 2018, with an interesting lecture and dinner on the third Thursday of every month at 6 p.m. at various locations. The chapter is also planning a day-long event in October. Stay tuned for details! Visit our Facebook page at www.facebook.com/annatristateohio or refer to the communications sent via ANNA Connected for more information!

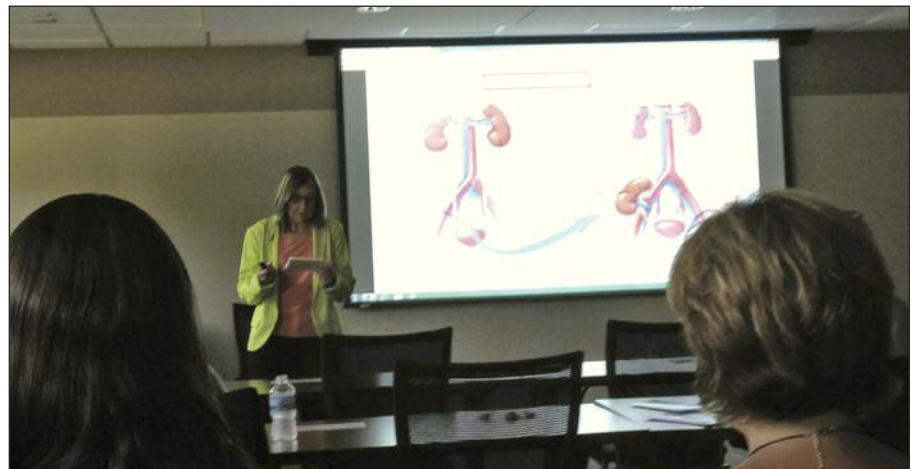
Black Swamp #323

On July 11, Glenna Frey presented *Saving a Life . . . What They Didn't Teach Me in Nursing School* at Flower Hospital. The event was a joint venture among Promedica, Kidney Donor Conversations, and our chapter. Glenna is a nephrology nurse who recently made a living kidney donation to a stranger. The presentation followed Glenna's journey through the donation process. Glenna and her daughter have started a nonprofit organization called Kidney Donor Conversations to educate others so they can make an informed decision about kidney donation.

On August 29, we held an educational presentation, *Understanding*



Glenna Frey discussed kidney donation at a program jointly hosted by the Black Swamp Chapter.



Black Swamp chapter members learned more about kidney donation at an event this summer.

the Process of Referral to Listing for a Kidney at UTMC, at the Radisson Hotel. The program offered 3.25 contact hours.

Oklahoma

Red River #273

We are getting revved up this fall with two exciting educational offerings! An educational activity on *Substance Abuse, Addictive Personality* was offered on September 4. Another offering will be held on October 4. This program is entitled *Hemodialysis – The Buck Stops Here: Your Role in Infection Prevention*. Both programs offer free contact hours.

Pennsylvania

Three Rivers #104

Under cloudy skies on August 2, our chapter provided a chicken dinner for the kids at the annual DCI Kidney Kamp in Ligonier, PA. These are children affected in some way by kidney disease. Chapter President **Nina Parrish**, Secretary **Sue Ralph**, and Interim Treasurer **Susan Carter** presented and recognized DCI with an award for their many years of service to area children. The dance was the highlight of the week for campers along with hours of fun in the photo booth. Chapter members supported this event every time you helped with the baskets raffled during our educational programs.

We are excited about the event at Edgewood Winery on September 30. Dr. Katherine Maringer, Nephrology Medical Science Liaison at Otsuka Pharmaceutical, will speak on polycystic kidney disease.

We are reaching out to new areas within our chapter. Our chapter is continuing to grow. No matter what phase of your nursing life you are in – full-time, part-time, prn, or retired – we would love for you be a part of our chapter community. Reach out to any chapter officer. We are waiting to hear from you!

Keystone #110

Bill Houck from Alexion hosted a dinner meeting at the Duling Kurtz House & Country Inn in Exton, PA, on June 14. Dr. Aaron Kulick presented *Diagnosing aHUS: A Patient Case Journey*. No CE credits were offered at this event, but everyone who attended enjoyed a great meal and great networking.

On June 28, we held a dinner meeting hosted by Kim Stern from Relypsa at Seasons 52 in King of Prussia, PA. Dr. Lawrence Byrd presented *Veltassa: A Paradigm Shift in the Treatment of Hyperkalemia*. No CE credits were offered at this event. There was great attendance for this dinner!

Our Nephrology Nurses Week dinner celebration was held on September 13 at Hyatt House in King of Prussia, PA. Bill Houck from Alexion sponsored our dinner celebration. Dr. Soumit Basu presented *Diagnosing Atypical Hemolytic Uremic Syndrome*.

Money collected for raffle baskets at the Spring Fling day of learning on May 17 was donated to the YMCA to contribute towards diabetic camps for children. What a fantastic opportunity to pay it forward!

Planning for the fall day of learning has begun. Save the date! The program will be held November 8 at the Wyndham Hotel in Trevoise, PA. A variety of interesting speakers and topics are scheduled. If you are interested in helping, please reach out to **Paula Richards** at porichards@aol.com.

Lastly, chapter officers are attending the ANNA fall conference in New Orleans in September. If you are from the chapter and are attending, please reach out to President-Elect **Lauren Pepe** at ldc2179@gmail.com so we can plan a chapter dinner while we are in New Orleans.

South Carolina

Western Carolina #229

We have new chapter officers: President **Sabrina Wilkey**, Secretary **Peggy Roper**, and Treasurer **Sharon Tedeski**. Thank you to Sabrina, who is doing an excellent job in pulling our chapter together. Please contact a chapter officer with suggestions for topics or locations for future meetings. We would love to hear from you!

Texas

Gulf Coast #204

Chapter members recently received hands-on education with the new dialysis machine, Tablo. The evening event was filled with invigorating questions that generated interesting conversations on a new way to deliver hemodialysis for renal patients. This was a fun night for fellowship and learning current practice information with fellow chapter members.

Alamo City #205

On June 21, our chapter hosted a dinner meeting at Paesanos. The program was sponsored by Mario Saenz and Fresenius Medical Care. The atmosphere was perfect for 28 attendees to network and learn about *Phosphorus Control and the Use of Velphoro®* while enjoying delicious Italian food. We gained so much



The Gulf Coast Chapter recently held a product presentation on the Tablo dialysis machine.



Kurt Klepsch from Outset Medical discussed the Tablo dialysis machine during a recent program hosted by the Gulf Coast Chapter.



Alamo City chapter members gathered for an educational program at Paesanos restaurant.

insight into the many ways we can assist our patients with phosphorus control.

On July 19, chapter members met again for a dinner at Maggiano's. This event was hosted by Vincent Lecca at AMAG. It was another great opportunity to learn and network.

On August 16, our chapter hosted our first educational webinar, which offered 1.0 CE credit. The chapter plans on

providing many opportunities to members to advance their education and technology enables us to provide different outlets for our members to achieve their educational goals.

Nothing feels better than giving back to the community. On September 6, several chapter members volunteered for the local Texas Kidney Foundation (TKF) Patient Symposium. They assisted with

planning, setup, and presenting. Chapter President **Gail Dewald** spoke about renal bone disease and phosphorus control. Upcoming chapter events include: TKF Kidney Walk, Nephrology Nurses Week celebration with a bus trip to Kickapoo Casino (with a CE offering while on board) on September 16, and a Certification Review Course. The review course, entitled *Elevate Your Profession: Get Certified*, will be held on November 10. For more information on all activities, visit our chapter website at <https://annaac.nursingnetwork.com>.

Dallas #208

The Dallas chapter officers reorganized during the summer months. Our current officers are President **Dany Anchia** and Treasurer **Cindy Wright**. We are excited to have **Ron Tamplin** in the role of secretary and **Naveena Reddy** bringing their expertise and ideas to the group.

Plans for a CNE event are being finalized. Watch for additional information, which will be sent via ANNA Connected.

Virginia

Tidewater #241

Our chapter officers are: President **Gayle Derouen**, President-Elect **Janyce McLin**, and Secretary/Treasurer **Beverly Grier-Smith**. We are a small chapter, and we are always looking for members who want to actively participate. We seldom have actual meetings where we gather together. Mostly, we hold conference calls.

Save the date! We are preparing for a conference, which will be held October 4 at the Holiday Inn on Greenwich Road in Virginia Beach, VA (often called Holiday Inn - Newtown). More information will be sent to chapter members and ANNA members about this day of learning. Plan to attend and make it a mini vacation in Virginia Beach! There is so much to see and do at this wonderful time of the year.

Our chapter received free educational opportunities from ANNA. Chapter members completed the free CE program on bed bugs and learned a great deal from this session. The feedback from chapter members was that the program was in-depth and thought-provoking. Our chapter really appreciates these free sessions. Small chapters like ours really benefit!



Greater Puget Sound chapter board and education committee members held a planning meeting on June 20. Pictured (from left) are Sharon Tugwell, Judy Mallon, Nancy Colobong-Smith, Nancy McAfee, Naomi DeVega, and Lulu McManigal.

Washington

Greater Puget Sound #503

Our chapter held a board/education planning committee meeting at Piatti at University Village in Seattle on June 20. Business included making plans for the fall dialysis workshop, which will be held at Seattle Children's Hospital on September 29. Log in to the 503-Greater Puget Sound community on ANNA Connected to find the brochure which lists the speakers and the link to register. In honor of Nephrology Nurses Week, the chapter is planning to offer approximately 7.25 credits for a deeply discounted registration fee.

We are planning two "meet and greet" events to be held later this fall, one in the southern part of Washington and one in Portland. We are holding these events as an opportunity to welcome all prior members of East Bay Regional Chapter (#519) in Oregon and southwest Washington to our chapter. Unfortunately, the chapter had to close, and all members have now been assigned to our chapter. We are happy they have joined us and are hoping they will participate in our

education events and become involved in all chapter activities. We are thinking of changing our chapter name to better reflect the new geography of our members. We are currently considering Greater Pacific Northwest. Please send us your comments and suggestions via ANNA Connected.

Renal Update will be held March 7-8, 2019, at the Lynnwood Convention Center. All event details and information about other upcoming events will be sent to you via ANNA Connected, so be sure to watch your email for these important announcements.

We have two officer positions open for the 2019-2020 calendar year. Please consider running for one of these positions. It is a great way to network and have a voice in how your chapter operates. Details will be posted via ANNA Connected in September. If you are interested, we will provide all training and mentoring. Our chapter works as a team, so you are never left to do projects alone. The chapter will use the travel grant we receive from national ANNA to make sure you are able to attend the LEAD Workshop, which will be held in Dallas in April 2019.

New Resources on Diabetes

The National Institute of Diabetes and Digestive and Kidney Diseases (NIDDK) released the third edition of *Diabetes in America*, a compilation and assessment of epidemiologic, public health, clinical, and clinical trial data on diabetes and its complications in the United States. The publication contains 42 chapters organized into three areas:

- Spectrum of Diabetes
- Complications of Diabetes and Related Conditions
- Prevention and Medical Care for Diabetes

This free, downloadable resource is available on the NIDDK website at www.niddk.nih.gov/about-niddk/strategic-plans-reports/diabetes-in-america-3rd-edition.

The National Diabetes Education Program (NDEP) released updated *Guiding Principles for the Care of People with or at Risk for Diabetes*. Developed in collaboration with partner organizations, these 10 Guiding Principles aim to identify and synthesize areas of general agreement among existing guidelines to help guide primary care providers and health care teams deliver quality care to adults with or at risk for diabetes.

The 2018 update reflects new and changing evidence, including emphasis on the importance of diabetes self-management education and support and patient-centered care using shared decision-making and individualized care; and the development of a new Principle 6: Address Overweight and Obesity in the Management of Diabetes.

This free, downloadable resource is available on the NIDDK website at www.niddk.nih.gov/health-information/communication-programs/ndep/health-professionals/guiding-principles-care-people-risk-diabetes